



SPIROMETRY

Checklist for contraindications for Spirometry

Questions	Yes	No
FOR ABSOLUTE CONTRAINDICATIONS:		
Cardiac surgery/heart attack in the past 1 month		
History of pulmonary embolism		
History of aneurysms: abdominal/thoracic/cerebral		
Recent thoracic/abdominal/eye surgery		
Presence of facial palsy/contractures		
Patient unwilling to perform the test.		
If yes to any of the above questions then postpone the test/ use alternative measures of lung function		
FOR RELATIVE CONTRAINDICATIONS:		
Smoked tobacco in any form in the last 2-4 hrs		
Consumed tea/coffee/cafeinated drink in the past 6 hrs		
Heavy meal in past 4 to 5 hour		
Heavy exercise in the past ½ hour		
Bronchodilators: inhaled/oral		
Alcohol		
Lower respiratory tract infection in the past 15 days		
Presence of nausea/ vomiting		
If yes to any of the above questions then postpone the test or interpret the test in the wake of these conditions		