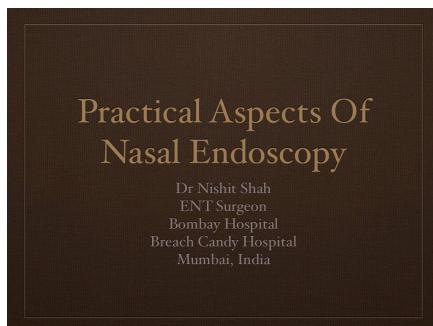


## Handout notes

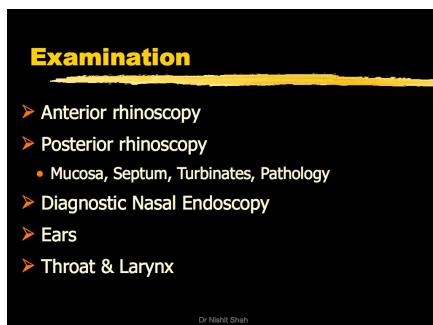
### Nasal Endoscopy – Practical Aspects



#### Common Nasal Symptoms

- Nasal Obstruction
- Nasal Discharge
- Headache & Facial Pain
- Sneezing
- Epistaxis

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#### Diagnostic Nasal Endoscopy



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#### Diagnostic Nasal Endoscopy

- Complete view of the nasal passages
- Examination of the nasopharynx
- Inspection of the middle meatus
- Detect & Differentiate Pathology
  - tumours, polyps, discharge, turbinates
- Painless, short office procedure
- Preoperative assessment



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#### Allergic Rhinitis

- Sneezing
- Rhinorrhoea (bilateral)
- Nasal obstruction
- Itching of nose, eyes & palate
- Paranasal pain, headache
- Anosmia, hyposmia
- Pharyngitis, hoarseness

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## **Polyps**



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## **Polyps & FESS**



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## **Precautions**

- Consent
- Equipment
- Decongestants
- Local anesthesia
- Be gentle!! No Bleeding !!!!
- See what is easy
- Start with 0 scope, only then 30
- Ct Scan

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Thank you

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