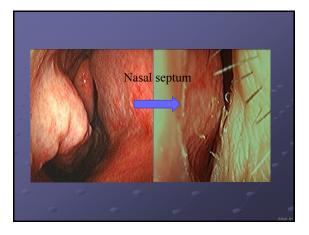


After discussing a patient's symptoms, the primary care physician or specialist will inquire if he or she has ever incurred severe trauma to the nose or had previous nasal surgery.





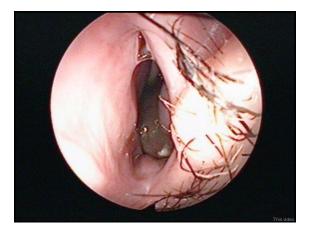
Antrochoanal polyps

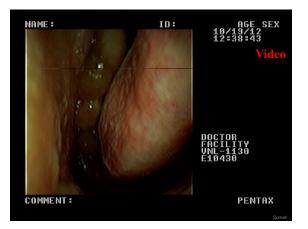
Antrochoanal polyps are solitary polyps that arise in the maxillary sinus. But they pass through and enlarge the sinus ostium, and then prolapse posteriorly into the nasopharynx through the posterior choanae.

Antrochoanal polyps represent only approximately 3-6% of sinonasal polyps. The exact etiology is not known, but it is thought that infection may be a common causative factor.

Unlike other sinonasal polyps, antrochoanal polyps are usually found in non-atopic patients. They are most commonly seen in young adults and in the 3rd to 5th decades of life. They are slightly more common in males than in females.

The clinical presentation usually involves an obstructed nasal passage and/or sinus symptoms. Occasionally, larger masses may prolapse so far posteriorly that they are visible through the mouth as they hang down in the nasopharynx.





✓ The nasal speculum and video nasopharyngo-laryngoscope are very useful devices for detecting and identifying nasal diseases.

 \checkmark By using them, we can estimate paranasal diseases to some extent and possibly the presence of airway diseases like asthma.