

6 December 2012:
15:30-17:00 G.04 (HICC)

The Hyderabad International
Convention Centre (HICC) in
Hyderabad, India

WISC 2012; WAO International Scientific Conference

Postgraduate Course 22: URTICARIA & ANGIOEDEMA TRACK
-Diagnosis and Treatment of Hereditary Angioedema (HAE)

Acute and Prophylactic Management

Since HAE is a disease due to C1-INH gene disorder, management of the symptoms, rather than cure-oriented treatment, is important in daily practice

Chairpersons: Jonathan Bernstein (United States),
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Principles for the management of HAE

- Avoid aggravating factors:

Infection, psychological stress, fatigue, etc.


- Avoid and/or be prepared for triggering factors:

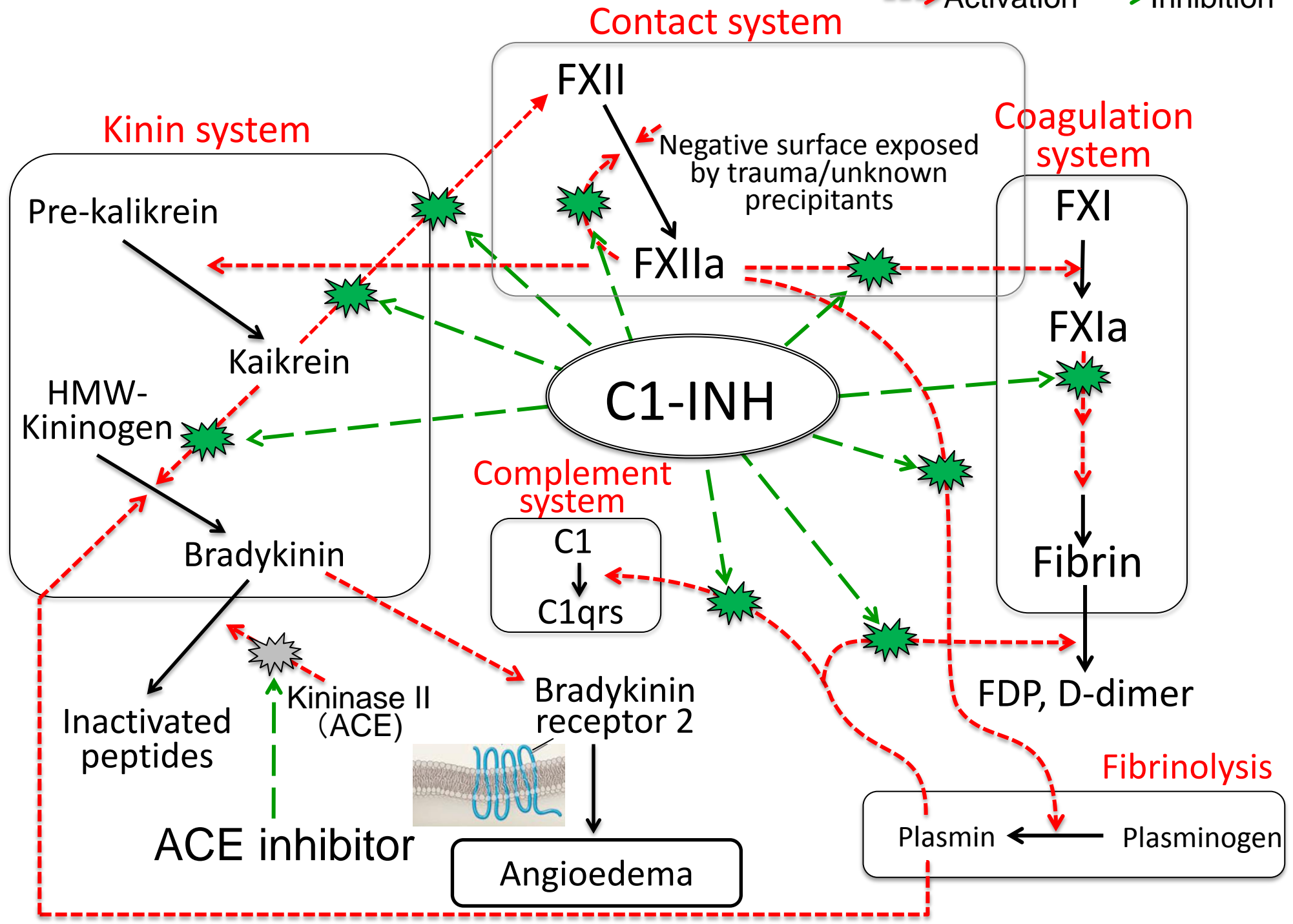
Trauma, dental actions, surgical operation, etc.

- Medications:




- Acute treatment for attacks: Acute on demand treatment
- Short-term prophylaxis: For scheduled operation, special event, etc.
- Long-term prophylaxis: For frequently occurring severe and unpredictable attacks

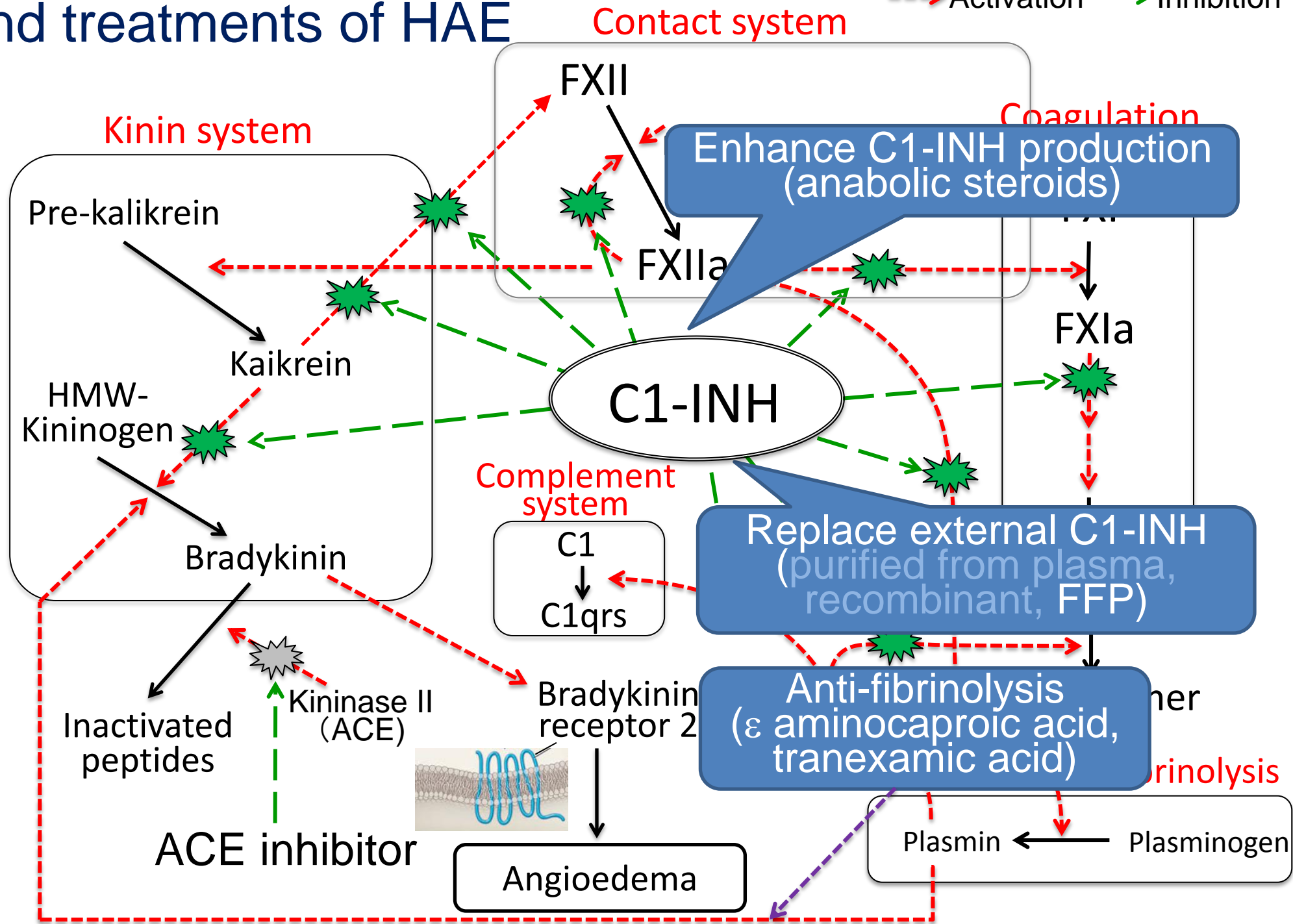
Action mechanism of C1-INH

 Action point of C1-INH
--> Activation -> Inhibition



Action mechanism of C1-INH and treatments of HAE

 Action point of C1-INH
 Activation  Inhibition



Drugs historically used for HAE ^(low cost)

For long-term prophylaxis:

(1) Anabolic steroids (po)

Danazol, stanozol, oxandrolone,
methyltestosterone

Efficacy and side effects are dose-related

▶ Recommended at the lowest dose that achieves control

(2) Anti-fibrinolytic agents (po)

ϵ aminocaproic acid,
tranexamic acid

Less effective, but safer

(unusual side effect; enhanced thrombosis)

For acute action:

(3) C1-INH replacement (iv)

Fresh frozen plasma (FPP)

Generally effective in treating acute attacks, but
Sometimes lacks efficacy, or can cause sudden worsening

Side effects

Weight gain, virilization,
acne, altered libido,
muscle pains and cramps,
headaches, depression,
fatigue, nausea,
constipation, menstrual
abnormalities, increase in
liver enzymes,
hypertension, and
alterations in lipid profile

Nausea, vertigo, diarrhea,
postural hypotension,
fatigue, muscle cramps
with increased muscle
enzymes

Risk of infection by
unknown microorganisms,
May worsen symptoms

Acute management of HAE attacks

Epinephrine, corticosteroids or antihistamines do not have a sufficient effect and not recommended.

	Berinert®	CINRYZE®	Ruconest® Rhucin®	Firazyr® icatibant	KAIBITOR® ecallantide
	Human C1-INH			Small protein/peptide	
	Plasma-derived human C1-INH pasteurized, nanofiltered (20nm & 15nm) Berinert-unique formulation	Plasma-derived human C1-INH pasteurized, nanofiltered (15nm & 15nm) Cinryze-unique formulation	Recombinant human C1-INH	Bradykinin 2 receptor antagonis Peptide (MW 1,304)	Kallikrein inhibitor Small protein (MW 7,053)
	Human plasma	Human plasma	Extracted from transgenic rabbit milk	Synthetic	Recombinant (in yeast <i>Pichia pastoris</i>)
Half-life	22.4-36.1 hrs	56-62 hrs	2-3 hrs	1-2 hrs	2.0 hrs
Formulation / Storage	Lyophilized / 2-25°C	Lyophilized / 2-25°C	Lyophilized/ refrigerated (?)	Liquid, prefilled syringe/ 2-25°C	Liquid/ refrigerated (2-8°C)
Shelf-life	30 months	24-36 months	4 years	24 months	3 years (2-8°C)
Pack size / Volume	500 U in 10 ml	500 U in 5 ml	2100 U in 14 ml	3ml (30mg)	3 x 1 ml (10mg)
Indica- tion	Acute	Label for all acute attacks	Label for all acute attacks (EU, AU, CA, IL)	Label for all acute attacks, only if negative rabbit allergy (IgE)	Label for all acute attacks
	Prophylaxis	Suitable (but off-label)	On Label: Long & Short Term Prophylaxis (US, EU, AU, CA, IL)	not suitable	not suitable
Administ- -ration	Route	i.v.	i.v.	i.v.	S.C.
	Self-administration/ Home therapy	Approved in US, EU	Approved in US, EU, Australia, Canada & Israel	Not approved	Approved for up to 3 injections in 24hrs

Berinert and Cinryze are in the same class therapeutics, but have different pharmacological characteristics due to different excipients.

Per-patient analysis of efficacy pdC1-INH in I.M.P.A.C.T. (Berinert-P®)

C1 esterase inhibitor concentrate in 1085 Hereditary Angioedema attacks – final results of the I.M.P.A.C.T.2 study

T. J. Craig¹, A. K. Bewtra², S. L. Bahna³, D. Hurewitz⁴, L. C. Schneider⁵, R. J. Levy⁶, J. N. Moy⁷, J. Offenberger⁸, K. W. Jacobson⁹, W. H. Yang¹⁰, F. Eidelman¹¹, G. Janss¹², F. R. Packer¹³, M. A. Rojavin¹⁴, T. Machnig¹⁵, H.-O. Keinecke¹⁶ & R. L. Wasserman¹⁷

I.M.P.A.C.T.2 results

20 U/kg bw C1-INH*

Placebo

Statistic	All attacks (n = 57)	Abdominal (n = 51)	Peripheral (n = 30)	Facial (n = 21)	Laryngeal (n = 16)	(n = 0)
<u>Time to onset of symptom relief (h)</u>						
Median (range)	0.46 (0.17–497.0)†	0.39 (0.17–497.0)†	0.43 (0.17–27.16)	0.48 (0.10–5.61)	0.44 (0.20–1.25)	n.a.
95% CI	0.39; 0.53	0.33; 0.48	0.29; 0.55	0.25; 0.79	0.31; 0.69	n.a.
<u>Number (%) of patients with individual average time to onset of symptom relief of:</u>						
<1 h	51 (89.5)	49 (96.1)	27 (90.0)	18 (85.7)	14 (87.5)	n.a.
<4 h	55 (96.5)	50 (98.0)	29 (96.7)	20 (95.2)	16 (100)	n.a.
<u>Time to complete resolution of HAE symptoms (h)</u>						
Median (range)	15.48 (0.64–497.0)†	12.75 (0.64–497.0)†	22.73 (5.07–497.0)†	26.63 (0.95–61.83)	5.79 (0.63–48.25)	n.a.
95% CI	11.64; 21.59	8.19; 15.19	18.73; 27.16	7.38; 43.01	2.05; 25.90	n.a.

bw, body weight; C1-INH, C1 esterase inhibitor; CI, confidence interval; HAE, Hereditary Angioedema; N, number of patients; n.a., not applicable.

*Of the total of 1085 attacks, the dose of C1-INH concentrate was 40–60 U/kg bw for 12 attacks (in six patients).

†The maximum time to complete resolution of 497 h occurred in a patient for whom retrospective genetic testing did not confirm the diagnosis of HAE; the patient was treated for one event. This value was also used for conservative imputations of some missing values.

‡Based on actual values recorded; see Craig et al. (9). No imputation was used for the time to onset of symptom relief. Missing values of time to complete resolution were imputed with the maximum value of 1486 h.

§Data for time to onset of symptom relief are missing for one patient.

Open Label Extension: Study 2006-1 Demographics

- Total of 113 subjects received CINRYZE
 - **101** subjects were treated for a total of **609** separate HAE attacks (GI: 353, Extremity: 86, Laryngeal: 84, Facial: 72, GU: 13, Unk: 1)
 - 12 subjects received CINRYZE only for pre-procedure prevention
(1,000 unit/attack) n=101 subjects

	Within 1 h	Within 4 h
Number of attacks with unequivocal relief of the defining symptom, relative to the start of CINRYZE dosing	412/609 (68%)	529/609 (87%)

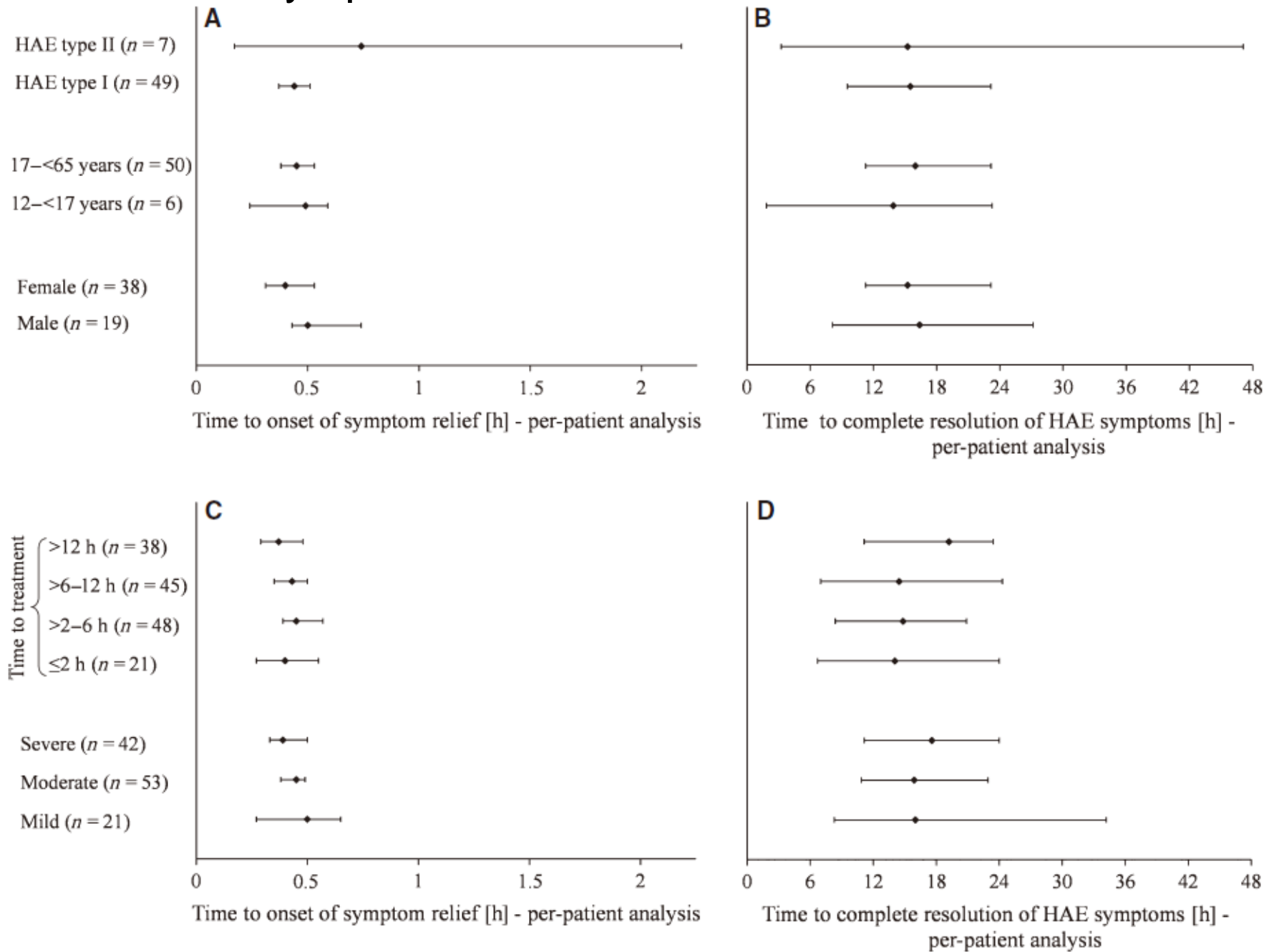
Unequivocal Relief = 3 consecutive assessments of improvement at 15 min intervals

- Median # attacks treated per subject = 3 (range 1-57)
- For subjects with >1 HAE attack, the efficacy of CINRYZE did not diminish with subsequent repeat administrations.

Table III Assessment of treatment response, efficacy by clinical trial*Modified from Caballero T et al, J Clin Immunol 2012*

Agent (Brand)	Study designation/ reference	Time to improvement	Response at 4 h		Time to complete resolution
			Percentage of responders	Other	
C1-INH, purified from sera (Berinert)	IMPACT1 (Craig et al, 2009)	0.5 h (20U/kg)	86 %		4.9 h (20 U/kg)
C1-INH, purified from sera (Cinryze)	CHANGE 1 (Zuraw et al, 2010)	2 h	60 %		12.3 h
	CHANGE 2 (Reidel et al, 2012)	0.75 h	87 %		N/A
C1-INH, recombinant (Rhucin)	(Zuraw et al, 2010)	66 min (median) (100 U/kg)	86.2 %		N/A
Ecallantide (Kalbitor)	EDEMA3 (Cicardi et al, 2010)	67 min	54.5 %		N/A
	EDEMA4 (Levy et al, 2010)	N/A	68.8 %	MSCS score improvement after 4 h vs placebo (-0.8/-0.4)	N/A
Icatibant (Firazyr)	FAST-1/FAST-2 (Cicardi et al, 2010)	2.5 h/2.0 h	66.7 %	TOS after 4 h vs placebo (54.2/8.1)	8.5 h/10.0 h
	FAST-3 (Lumry et al, 2011)	1.5 h	80.6 %		8.0 h

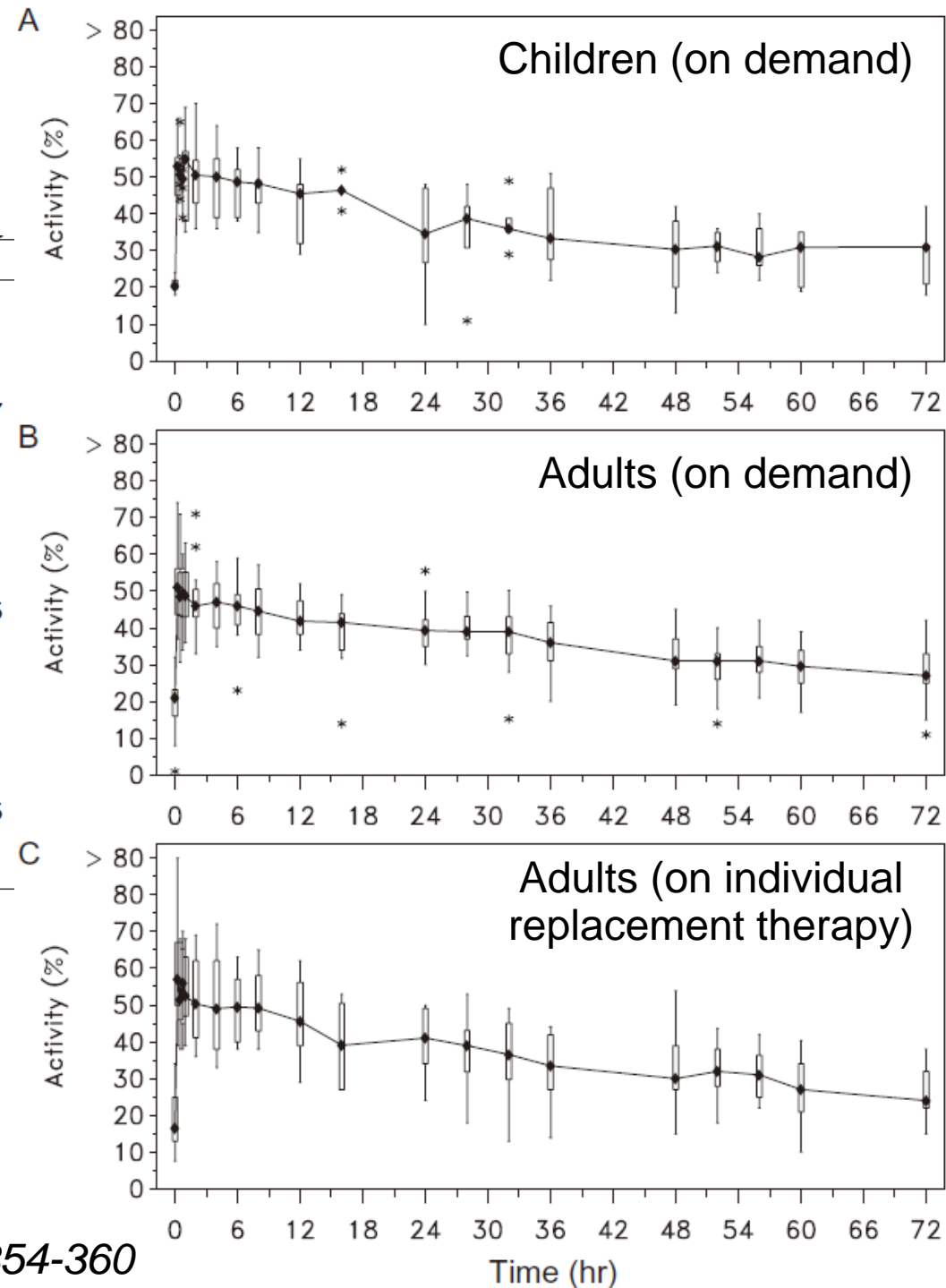
Subgroup analyses. Times to onset of symptom free and complete resolution of HAE symptoms in I.M.P.A.C.T.2



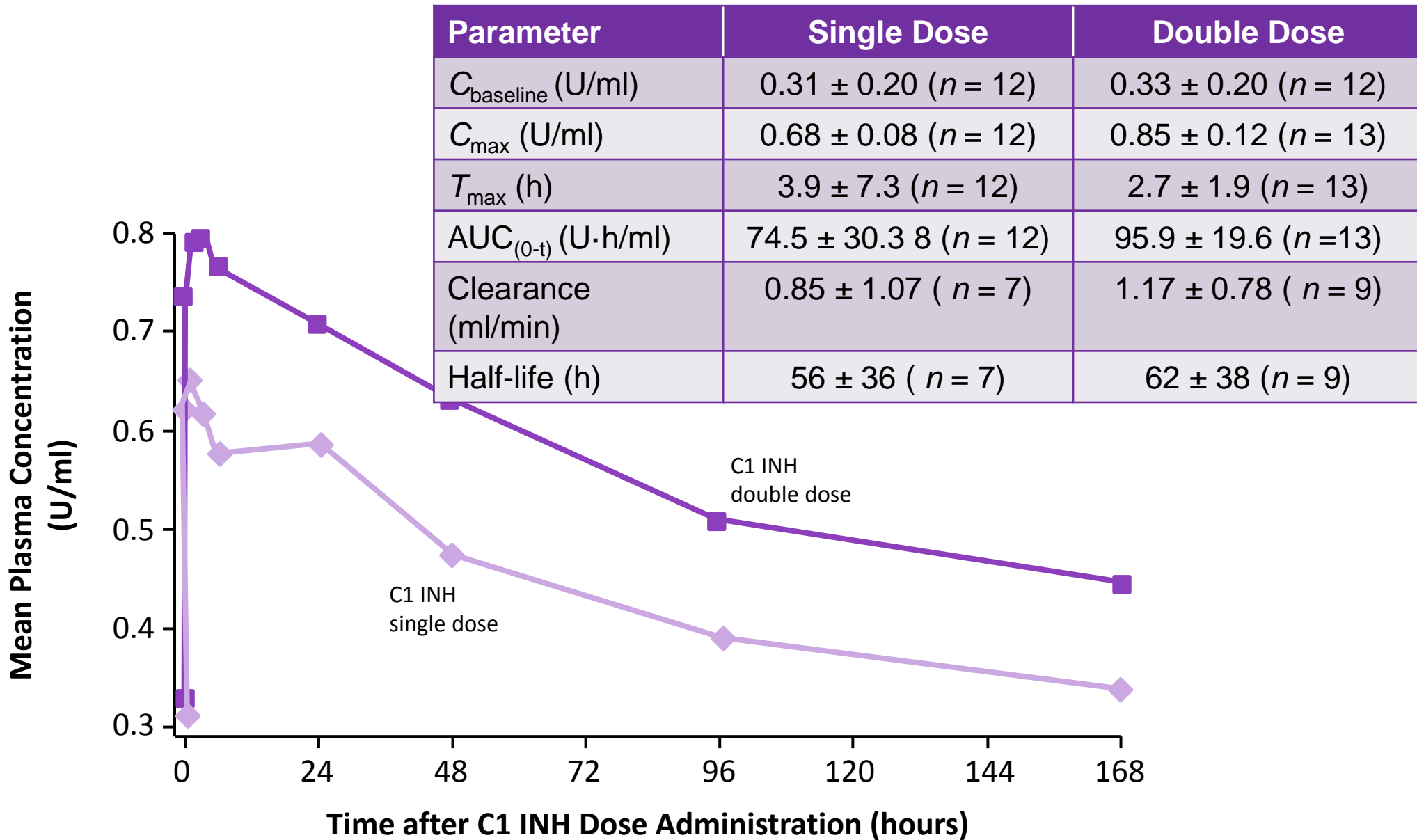
Kinetics of C1-INH plasma activity after the infusion of Berinert-P

Variable	Median	Range
Children (on demand; n = 6)		
AUC* (for dose of 15 U/kg [(U × hr)/mL])	13.4	2.9-29.4
T _{max} † (hr)	0.6	0.1-2.0
t _{1/2} ‡ (hr)	32.9	7.3-70.5
MRT§ (hr)	47.5	10.5-101.7
Cl (mL/[kg × hr])	1.1	0.5-5.2
V _{ss} ¶ (mL/kg)	50.0	41.6-62.3
Adults (IRT; n = 15)		
AUC (for dose of 15 U/kg [(U × hr)/mL])	15.7	6.3-86.1
T _{max} (hr)	0.5	0.3-8.0
t _{1/2} (hr)	30.9**	10.3-96.0
MRT (hr)	44.6**	14.9-138.5
Cl (mL/[kg × hr])	1.0	0.2-2.4
V _{ss} (mL/kg)	37.5††	24.1-66.4
Adults (on demand; n = 19)		
AUC (for dose of 15 U/kg [(U × hr)/mL])	16.7	9.5-69.7
T _{max} (hr)	1.0	0.3-32.0
t _{1/2} (hr)	39.1	19.4-90.4
MRT (hr)	56.5	28.0-130.5
Cl (mL/[kg × hr])	0.9	0.2-1.6
V _{ss} (mL/kg)	56.7	23.3-69.2

* Area under the elimination curve.
 † Median time to maximum functional pC1-INH level.
 ‡ Terminal elimination half-life.
 § Mean residence time.
 || Total clearance.
 ¶ Volume of distribution at steady state.
 ** p = 0.052 versus adults on demand.
 †† p = 0.004 versus adults on demand.



C1 INH Plasma Concentration after 1 and 2 Injections of 1000 IU CINRYZE



Failure of treatment timing may be fatal

Tranexamic acid
1g

Methyl predonisolon
125mg



Dyspnea
hoarseness

Bonzol® 100mg/day

Celcect® (antihistamine) 30mg/day



edema

AM 10:00

14:00

20:00

0:00

Admission

tooth
extraction



Failure of treatment timing may be fatal

Tranexamic acid
1g

Methyl prednisolon
125mg



Dyspnea
hoarseness

Sever
laryngeal
edema

Bonzol® 100mg/day

Celcect® (antihistamine) 30mg/day



edema

AM 10:00

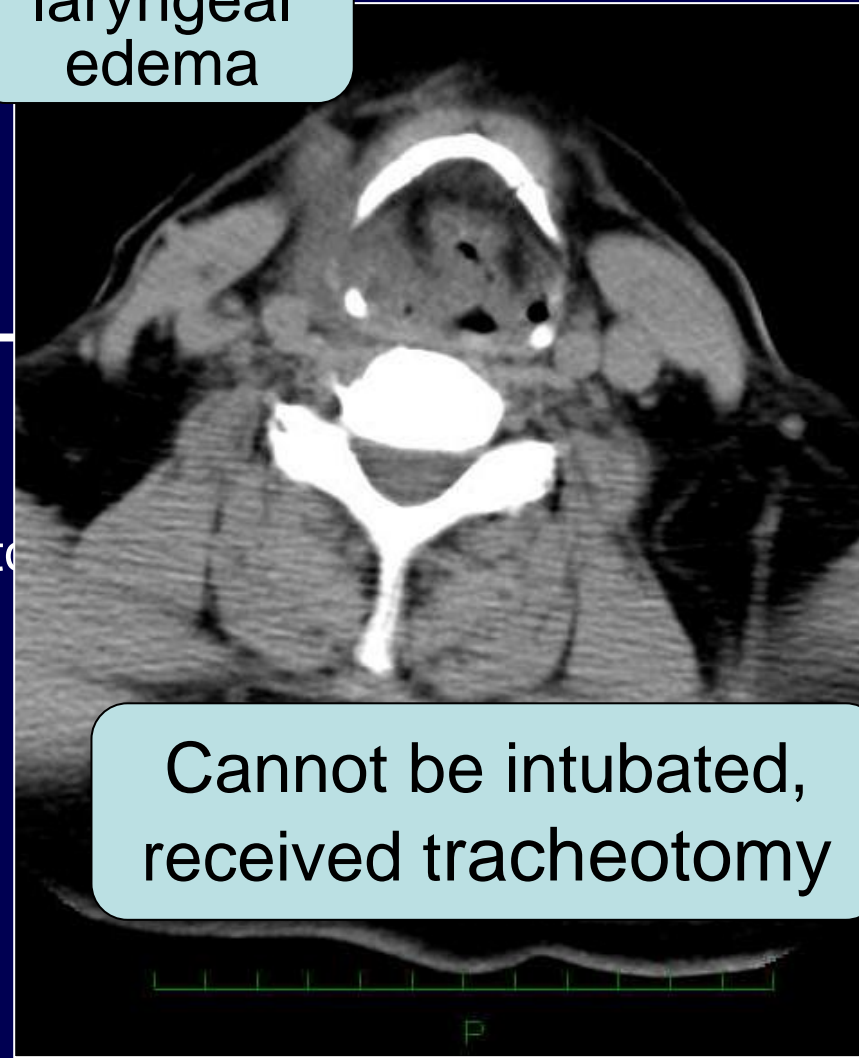
14:00

20:00

0:00



Transfer to
ICU



Cannot be intubated,
received tracheotomy

Self-administration / home therapy for HAE

Berinert[®] : iv

in US, EU

CINRYZE[®] : iv

in US, EU, Australia,
Canada & Israel

Firazyr[®] :sc

US, Europe, Russia,
Australia, South
America

Step 6: Infusion

As instructed by your healthcare provider:

- Insert the butterfly needle of the infusion set tubing into your vein (Figure 11).
- If necessary, use sterile gauze and tape or transparent dressing to hold the needle in place.
- To make sure that the needle is in a vein, gently pull back on the syringe plunger and check to see if blood is in the tubing (Figure 12). If there is blood present, then the needle is in a vein. If there is no blood present, remove the needle and repeat this step using a new needle, new administration tubing, and a different injection site.
- Remove the tourniquet.
- Inject the BERINERT solution slowly at a rate of approximately 4 mL per minute (Figure 13).



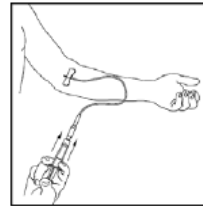
Figure 11



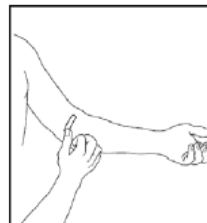
Figure 12



Figure 13



4. After infusing CINRYZE, remove the infusion set and discard. Cover infusion site with an adhesive bandage. The amount of drug product left in the infusion set will not affect your treatment. Dispose of all unused solution, the empty vials, and the used needles and syringe in an appropriate container used for throwing away waste that might hurt others if not handled properly.



It is a good idea to record the lot number from the CINRYZE vial label every time you use CINRYZE.

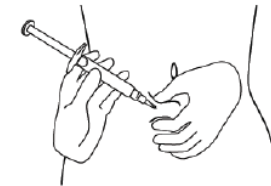


Figure L

Step 13. Push the plunger, at the top of the syringe, over at least 30 seconds until no FIRAZYR is in the syringe. See Figure M.

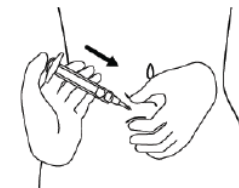


Figure M

Step 14. Release the skin fold and gently pull the needle out. See Figure N.

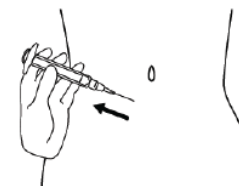


Figure N

Disposal of your used FIRAZYR prefilled syringe

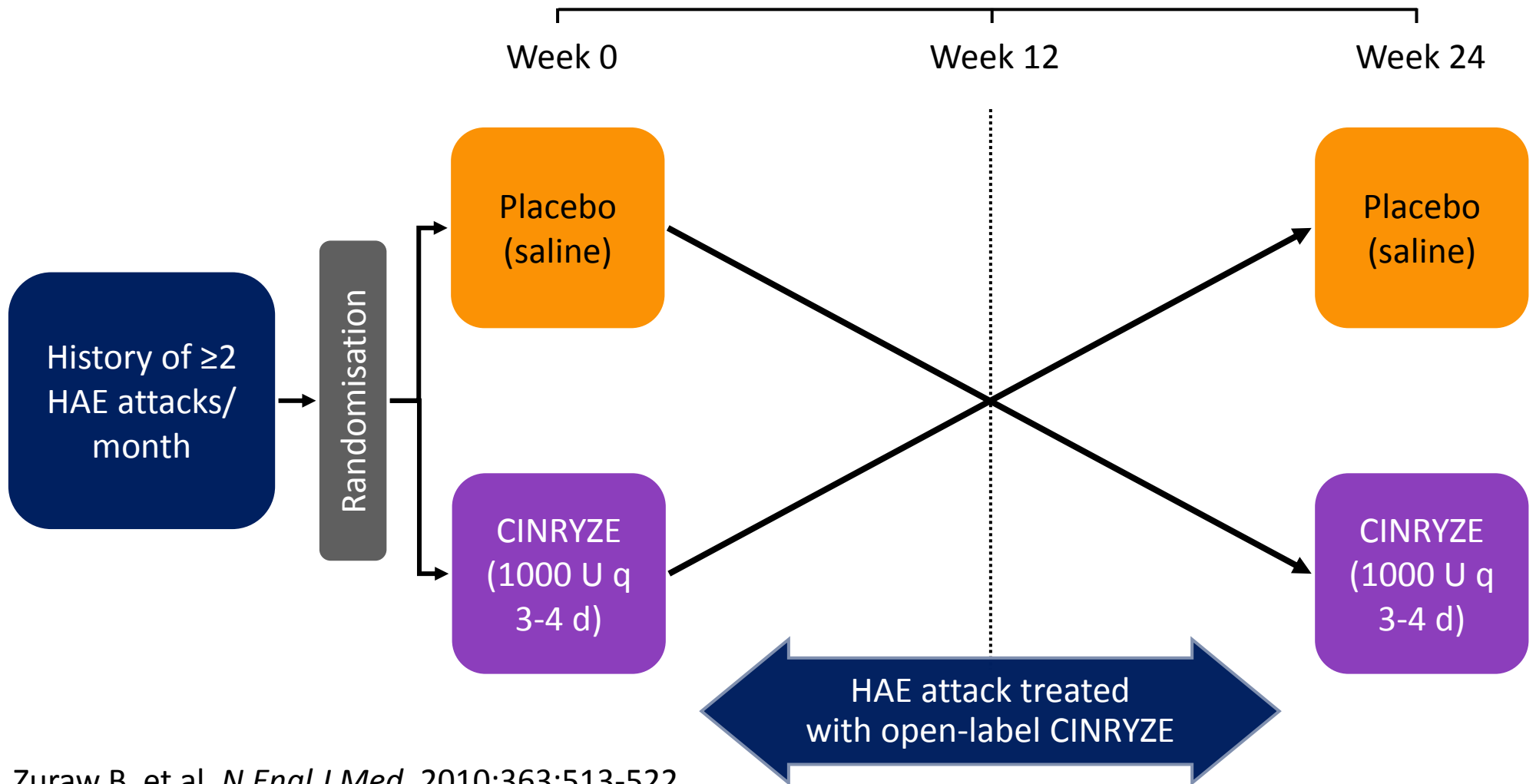
Prophylactic management of HAE symptoms

- Short-term prophylaxis: For a scheduled operation, special events, etc.
- Long-term prophylaxis: For frequently occurring unpredictable and severe attacks

Patients not managed successfully with on demand therapy should be considered for long-term prophylaxis.

Very expensive; ca \$3,000 / treatment

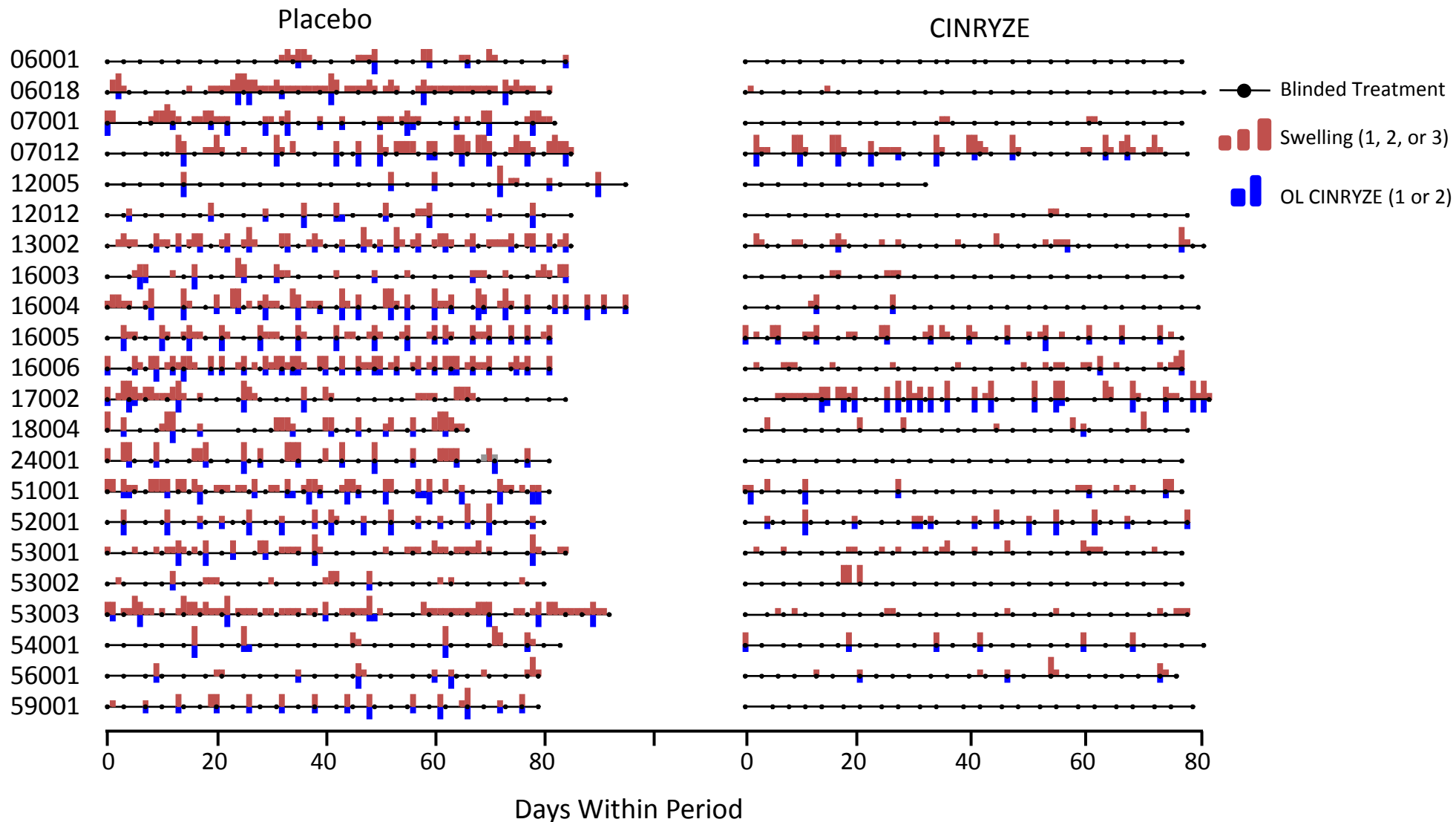
Phase 3 Study of HAE Prevention: Study 2005-1/B by C1-INH



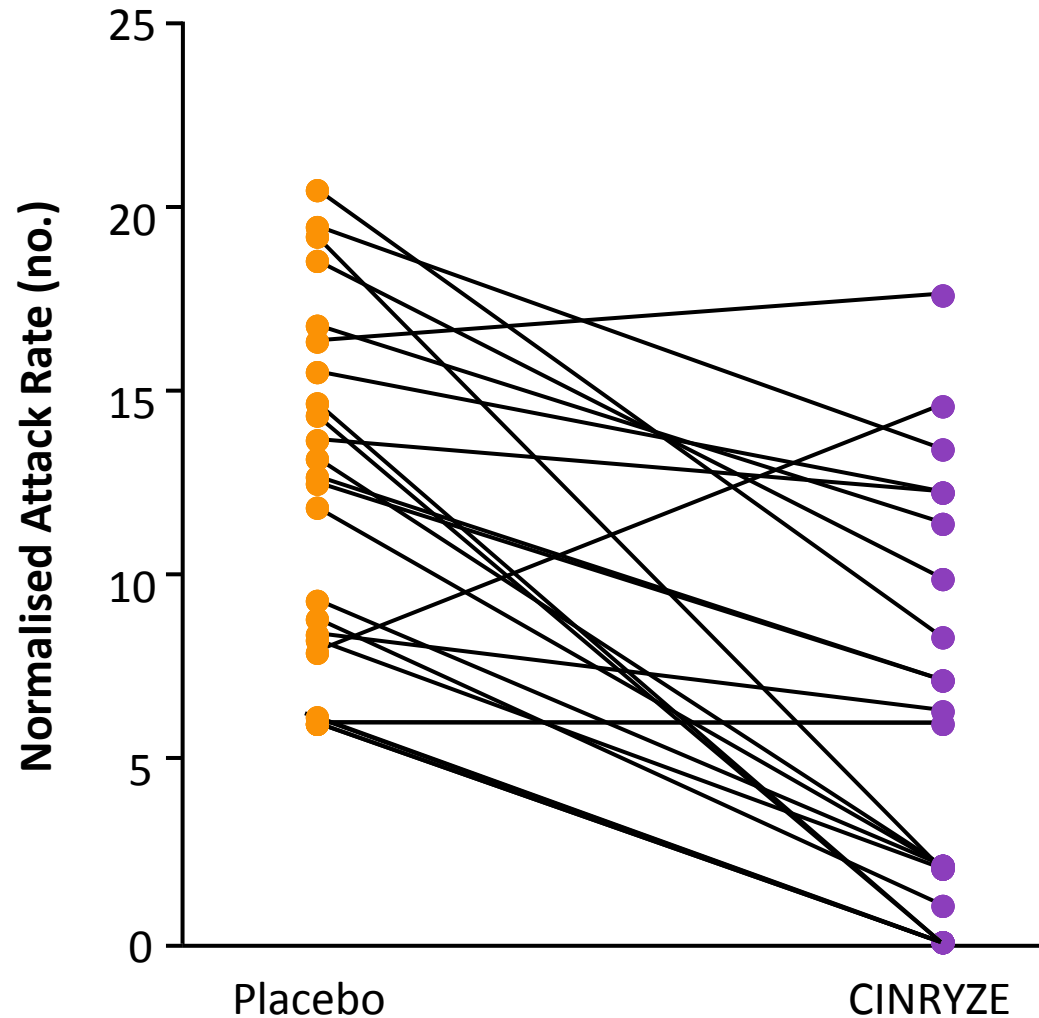
1. Zuraw B, et al. *N Engl J Med*. 2010;363:513-522.
2. LEVP 2005-1/Part B Clinical Study Report. October 2007.
3. Accessed at www.clinicaltrials.gov. NCT01005888.

Phase 3 Study of HAE Prevention: Study 2005-1/B by C1-INH

Subject Event Chart



LEVP2005-1/B: Normalized Number of Attacks by Subjects



In conclusion, prophylactic regular administration of C1-inhibitor with Cinryze twice a week largely reduces attacks of HAE. However, it is also important to take a balance between the effect and cost.

Points should be considered for the decisions of pharmacological treatment of HAE

- Severity
- Location
- Access to acute care
- Other co-morbid conditions
- Individual circumstances
- Patient values and preferences, including cost

Clinical symptoms of HAE should be evaluated both in terms of severity of individual symptoms (attacks) and frequency (intervals).

- Severity of individual symptoms

 - Airway obstruction: suffocation, risk of death

 - Pain: intolerability

 - Function: ADL, eating, finger manipulation, etc.

- Frequency of the symptoms

 - How frequently they occur?

 - Every few days, weekly, monthly or a few times a year

The countries where the modern five medications for HAE is licensed
(Berinert, Cinryze, Firazyr, Kalbitor, Ruconest)



Importance of

- Education: patients, physicians
- Drug access: physical, economical
- Public support: government, other organization
- Individual management plan: minimum and sufficient

Thank you for your attention



Night scene in Hiroshima