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**IL-1 and IL-17 Cytokine Families: New Targets  
for Allergy Treatment**

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*"Try this—I just bought a hundred shares."*

# Disclosure Statement

## Lanny J. Rosenwasser, MD

- RESEARCH STUDIES

Novartis, National Institutes of Health

- CONSULTANT

A-Z, Genentech/Roche, Novartis, Regeneron,  
Sanofi-Aventis, Tunitas

# Learning Objectives

- Understand the concept of biotherapeutics
- Understand the application of biotherapeutics to allergic disease and asthma
- Review current preliminary studies of potential biotherapeutics in asthma
- Understand complex cascades of allergy/asthma pathogenesis and implications for biotherapeutics

# Biotherapeutics

A field encompassing materials, usually proteins, produced by biological means including recombinant DNA technology. The agents and agonists/antagonists for treatment are usually biological.

## Biotherapeutic Agents

- Monoclonal Antibodies
  - cell surface receptors, ligands, microorganisms
- Cytokines
- Soluble Receptors
- Natural and Synthetic Antagonists
- SiRNA
- Designer Modeled Small Molecules
- Oligonucleotides
- Transcriptional Inhibitors

# Biotherapeutic Targets in Immune Allergic Disorders, Anti-IgE

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## Innate Immunity Targets

IL-1, TNF, IL-6  
TLR, Adhesion Molecules  
IFN Modulation  
Chemokines

## Acquired Immunity Targets

Th <sub>2</sub> , Th <sub>17</sub> Cytokines	IL-2, 4,5,9,13,17,25,33
Cellular	DC, T, B

## Other Targets

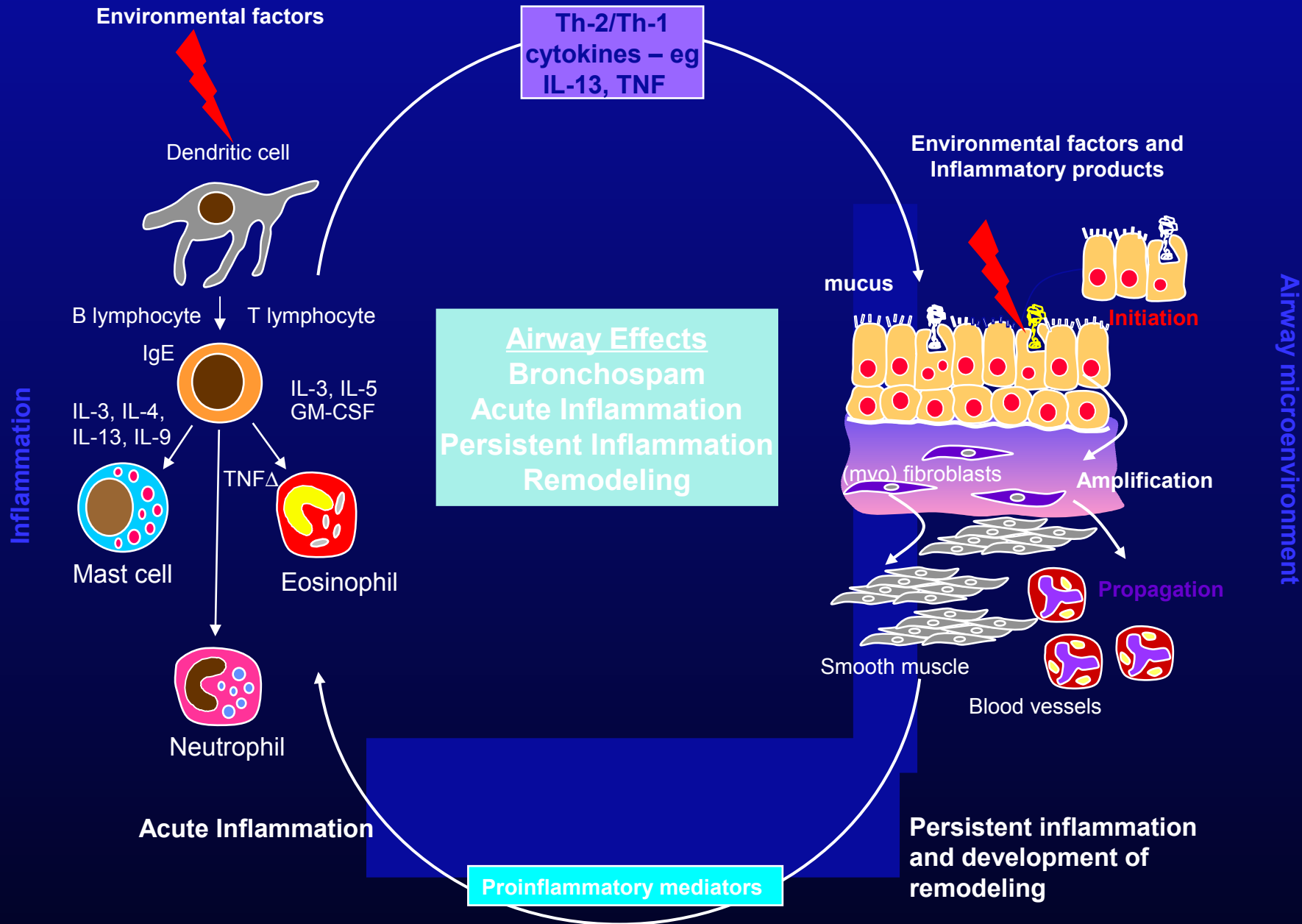
TSLP  
Adipokines  
Growth and Differentiation Factors

# Characteristics of Asthma

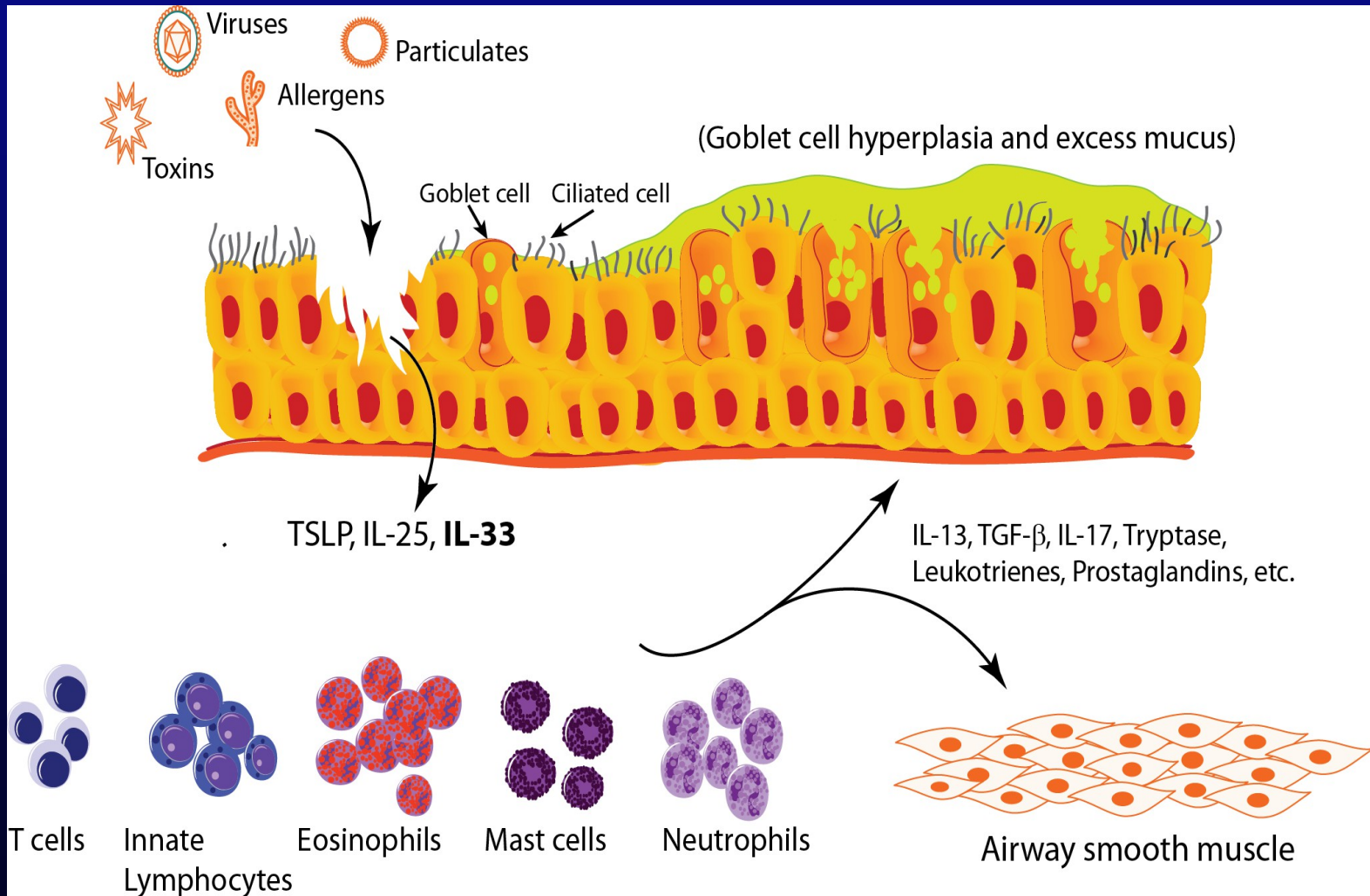
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- Narrowing of the airways
- Airway obstruction
- Airway inflammation
- Increased airway responsiveness

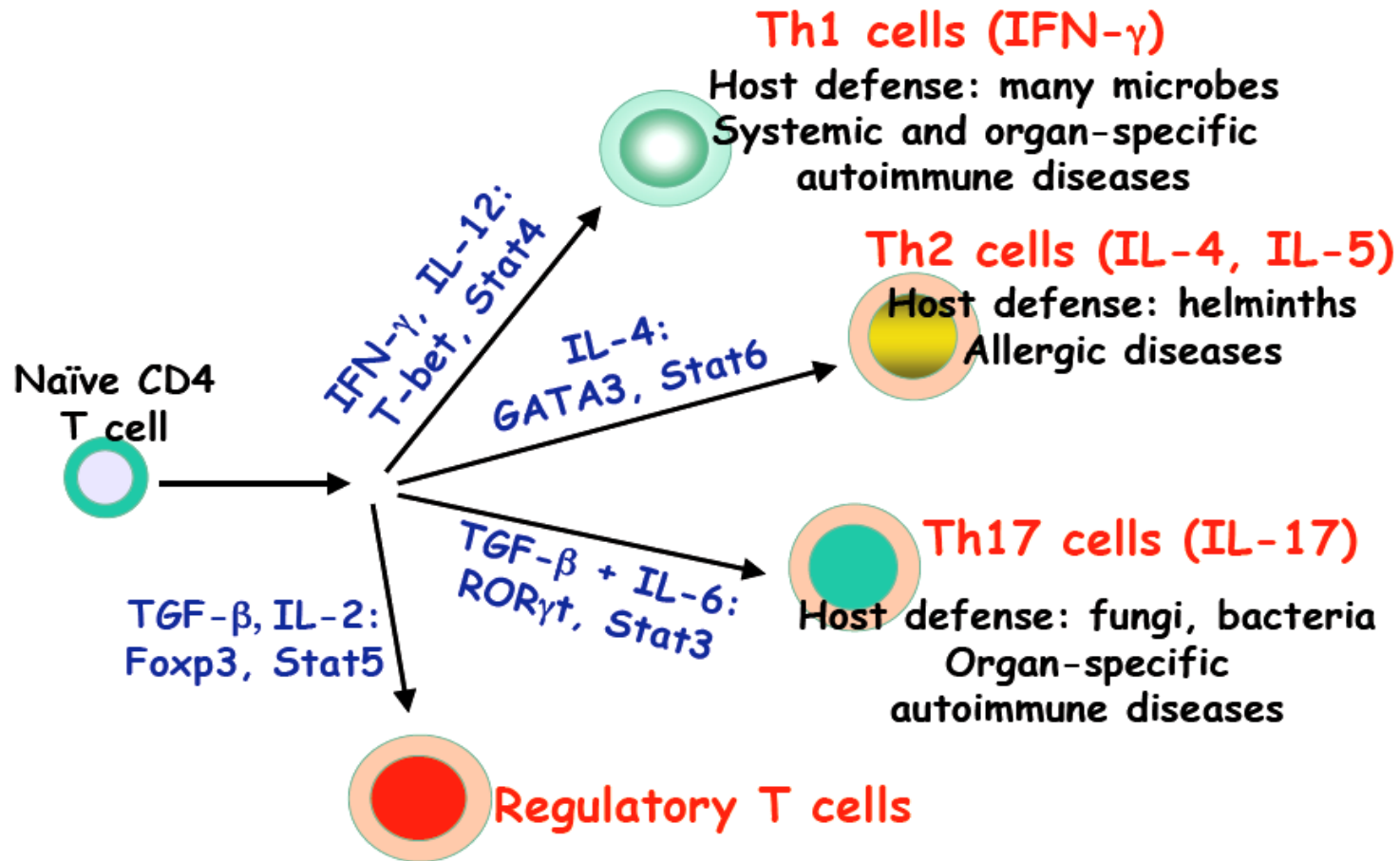




# The role of the airway epithelium in asthma



# CD4 subsets: generation and function



# Regulatory T Lymphocytes

CD4<sup>+</sup>, CD25<sup>+</sup> T lymphocytes

- Regulatory
- Express TGF $\beta$ , IL-10
- Suppressive to other T cells
- Express Foxp3 transcription factor
- IL-35 growth factor

## Other T Cell Subsets

- NKT/iNKT
- Gamma Delta T cells
- Th22-CD4 T cells
- Th9-CD4 T cells
- Tfh-CD4 follicular T Cells

## Innate Lymphoid Cells

- ILC group 1- Th1 cytokines
- ILC group 2- Th2 cytokines
- ILC group 3- IL-17, IL-22

# Complexity of Asthma

- Several orders of magnitude more complex
- Microbiome, Proteome, Transcriptome, Genome
- Tissues, Organs, Whole Body, Brain
- Third and Fourth Dimensions

# Stepwise Approach for Managing Asthma

**Intermittent Asthma**

## Persistent Asthma: Daily Medication

Consult with asthma specialist if Step 4 care or higher is required.  
Consider consultation at Step 3.

### Step 1

**Preferred:**  
SABA PRN

### Step 2

**Preferred:**  
Low-dose ICS (A)

**Alternative:**  
Cromolyn (A),  
LTRA (A),  
Nedocromil (A),  
or  
Theophylline (B)

### Step 3

**Preferred:**  
Low-dose ICS +  
LABA (A)  
OR  
Medium-dose ICS  
(A)

**Alternative:**  
Low-dose ICS +  
either LTRA (A),  
Theophylline (B),  
or Zileuton (D)

### Step 4

**Preferred:**  
Medium-dose  
ICS + LABA (B)

**Alternative:**  
Medium-dose  
ICS +  
either  
LTRA (B),  
Theophylline (B),  
or Zileuton (D)

### Step 5

**Preferred:**  
High-dose ICS +  
LABA (B)

AND  
Consider  
Omalizumab  
for Patients  
Who Have  
Allergies (B)

### Step 6

**Preferred:**  
High-dose ICS +  
LABA + Oral  
Corticosteroid

AND  
Consider  
Omalizumab for  
Patients Who  
Have Allergies

**Step Up If Needed**

(first, check adherence, environmental control, and comorbid conditions)

**Assess Control**

**Step Down If Possible**

(and asthma is well controlled at least 3 months)

**Each Step: Patient education, environmental control, and management of comorbidities**

Steps 2-4: Consider subcutaneous allergen immunotherapy for patients who have allergic asthma

### Quick-Relief Medication for All Patients

- SABA as needed for symptoms. Intensity of treatment depends on severity of symptoms: up to 3 treatments at 20-minute intervals as needed. Short course of systemic oral corticosteroids may be needed
- Use of SABA >2 days a week for symptom relief (not prevention of EIB) generally indicates inadequate control and the need to step up treatment

ICS = inhaled corticosteroids; LABA = long-acting  $\beta_2$ -agonist; LTRA = leukotriene receptor antagonist.

Adapted from National Asthma Education and Prevention Program. *Expert Panel Report 3: Guidelines for the Diagnosis and Management of Asthma* (EPR-3 2007). U.S. Department of Health and Human Services. Available at: <http://www.nhlbi.nih.gov/guidelines/asthma/asthgdln.pdf>. Accessed August 29, 2007.





# Anti IgE

- **Targets IgE, FcεRI**
- **Rhu Mab - E25 - Omalizumab, Xolair**
- **Reduces Free IgE (allergen specific)**
- **Reduces Eos (sputum, BAL, blood)**
- **Reduces FcεRI and FcεRII expression**
- **Efficacy - Asthma, AR**

# Emerging Biotherapeutics

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Anti-IL-1

Anti-IL-5

Anti-IL-17

Anti-IL-13

# IL-1 and Allergy/Asthma

– IL-1 in a critical co-factor for Th2 and Th17 T cell activation in vivo and in vitro for Humans and Mice

- **Airway and tissue involvement in asthma and allergy**

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# **Extended IL-1 Family**

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**(Caspase 3 Dependent)**

- **IL-18 – shared receptor and genetics (IL-18bp)**
- **IL-32 – TNF inducer**
- **IL-33 – Ligand for ST2 Induces TH2 Cytokines**
- **IL-37 – Downregulation of IL-1 family activities**

## **IL-1 family members – Chr. 2q13**

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<b>New Name</b>	<b>Other Name</b>	<b>Property</b>
<b>IL-1F1</b>	<b>IL-1<math>\alpha</math></b>	<b>Agonist</b>
<b>IL-1F2</b>	<b>IL-1<math>\beta</math></b>	<b>Agonist</b>
<b>IL-1F3</b>	<b>IL-1Ra</b>	<b>Receptor antagonist</b>
<b>IL-1F4</b>	<b>IL-18</b>	<b>Agonist</b>
<b>IL-1F5</b>	<b>FIL1<math>\delta</math></b>	<b>Anti-inflammatory</b>
<b>IL-1F6</b>	<b>FIL-1<math>\epsilon</math></b>	<b>Agonist</b>
<b>IL-1F7</b>	<b>IL-37</b>	<b>Anti-inflammatory</b>
<b>IL-1F8</b>	<b>IL-1H2</b>	<b>Agonist</b>
<b>IL-1F9</b>	<b>IL-1<math>\epsilon</math></b>	<b>Agonist</b>
<b>IL-1F10</b>	<b>IL1HY2</b>	<b>Receptor antagonist</b>
<b>IL-1F11</b>	<b>IL-33</b>	<b>Agonist</b>

## Gene

IL1F5

IL-1F6

1F8

1F9

IL-1F7

IL-1F10

## Cytokine

IL-36 Ra

IL-36 alpha

IL-36 beta

IL-36 gamma

IL-37

IL-38

# ***Successful IL-1 targeted therapy***

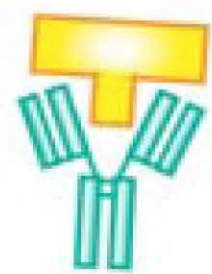
- **Gout - acute and chronic**
- **Pseudogout**
- **Type 2 Diabetes**
- **Post MI remodeling**
  
- **Systemic onset juvenile idiopathic arthritis (Still's)**
- **Adult onset Still's disease**
- **Schnitzler's Disease**

# *Potential disease targets for IL-1 directed therapy*

- **Neutrophilic urticaria**
  - Chronic urticaria
- **Neutrophilic lung disorders**
  - COPD
  - Neutrophilic asthma
  - Acute Chest syndrome
- **Neutrophilic CNS disease**
  - Acute Hemorrhagic Leukoencephalitis



FDA  
approved



Canakinumab

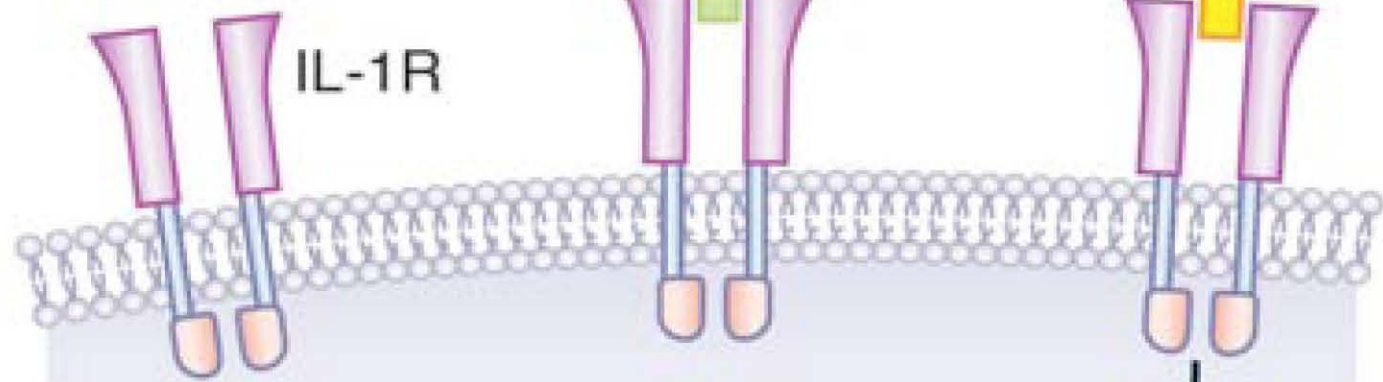


IL-1 $\beta$



Rilonacept

Anakinra  
or  
IL-Ra

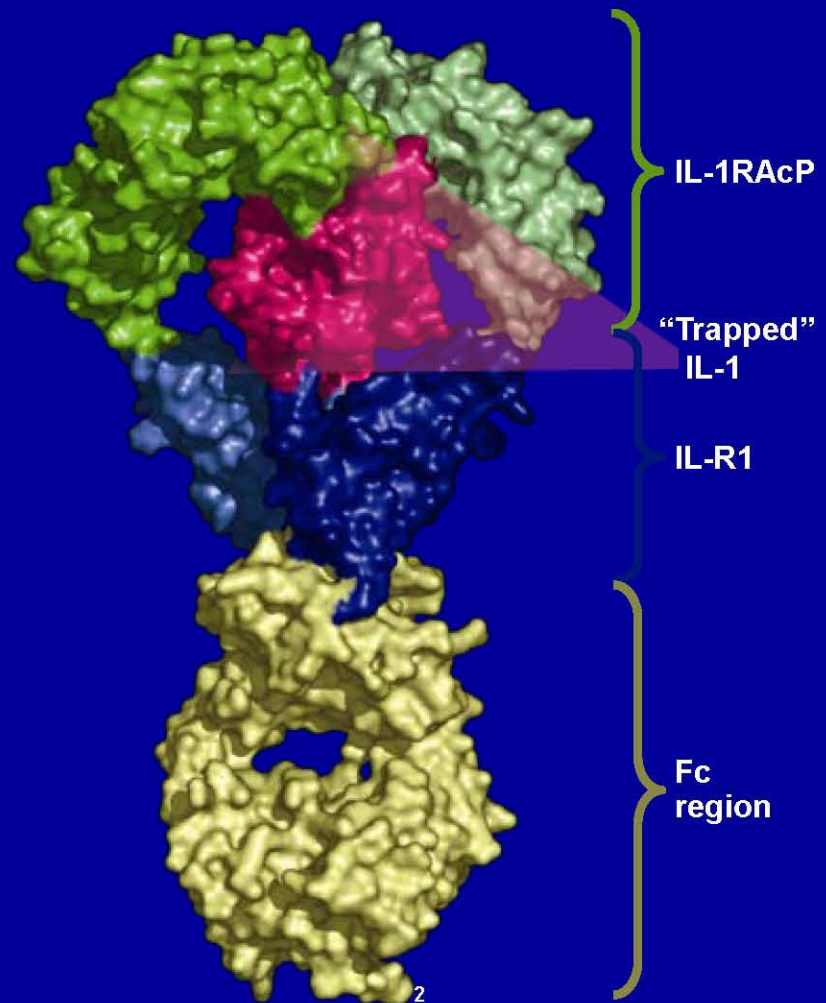


IL-1R

Inflammation;  
Fever, rash, pain

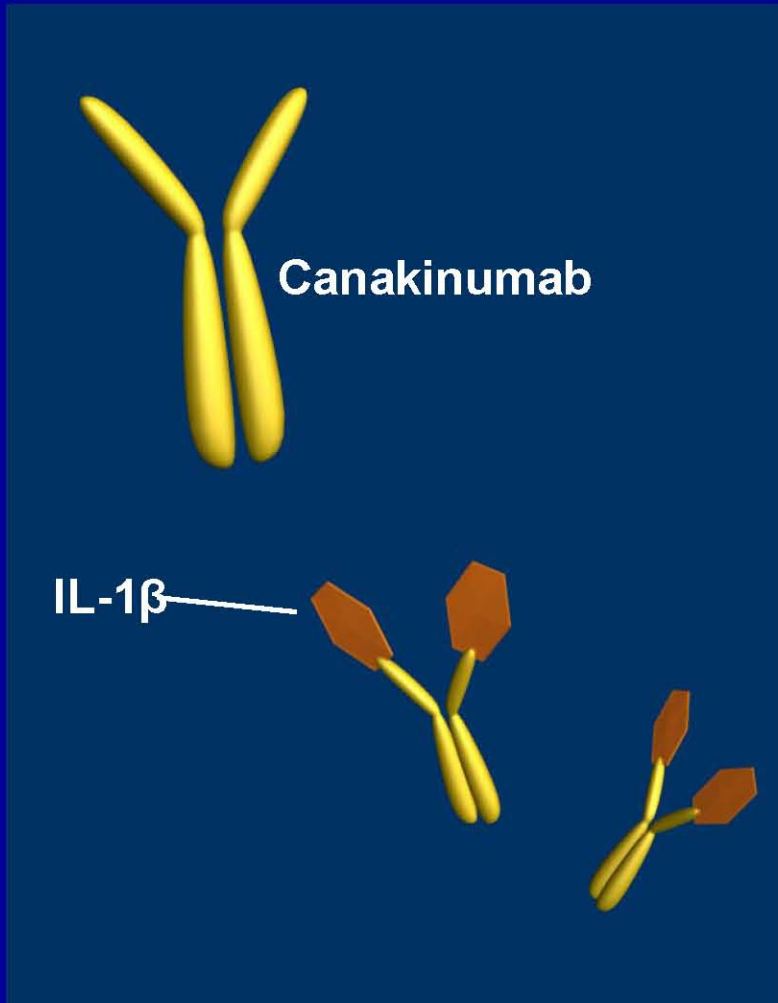
# Rilonacept IL-1 TRAP

- Rilonacept: a dimeric fusion protein (251 kDa) that is a specific blocker of IL-1 - incorporating components required for IL-1 signalling
  - IL-1 receptor subtype
  - IL-1 receptor accessory protein
- Prolonged circulation half-life in-vivo (8.6 days)
- Approved for CAPS in 4/08
- Currently over 100 patients on therapy



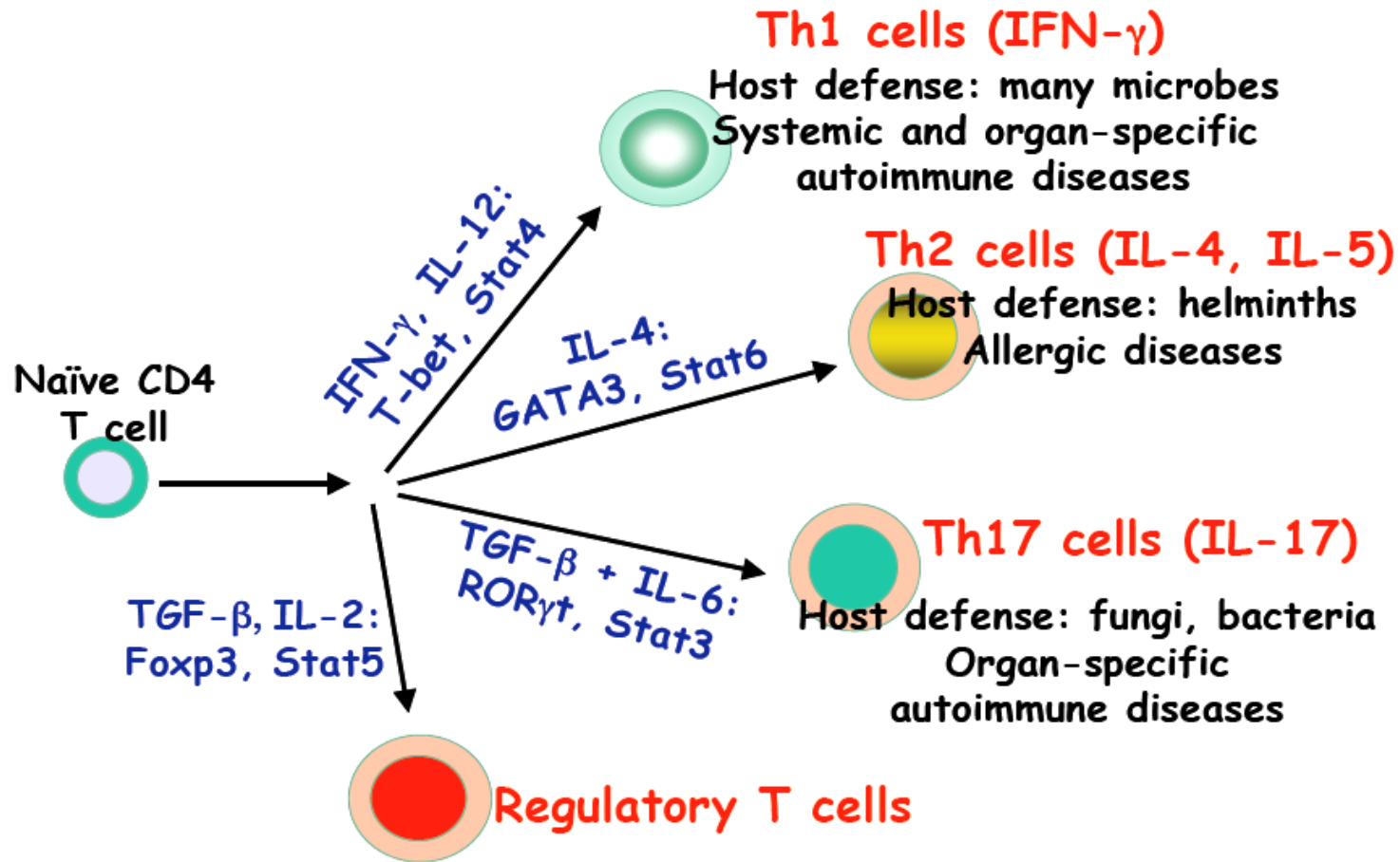
# Canakinumab

## ACZ885



- Fully human IgG1 anti-IL-1 $\beta$  mAb
- Direct binding to IL-1 $\beta$
- Half life > 21 days
- No cross-reactivity with human IL-1 $\alpha$  or IL-1Ra
- Approved for CAPS in 6/09
- Currently over 100 patients on therapy

# CD4 subsets: generation and function



# **IL-17 Family**

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- **20-30 kd**
- **IL-17A, IL-17F – profibrotic activate chemokines (IL-8) and IL-6**
- **IL-17E – IL-25**
- **IL-25 associated with eosinophilia, airways hyperresponsiveness**
- **Genetics of IL-17 family linked to asthma**

# Therapy of Th17 Mediated Autoimmune Disease

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## Antibody

Ixekizumab

Brodalumab

Tocilizumab

## Target

IL-17

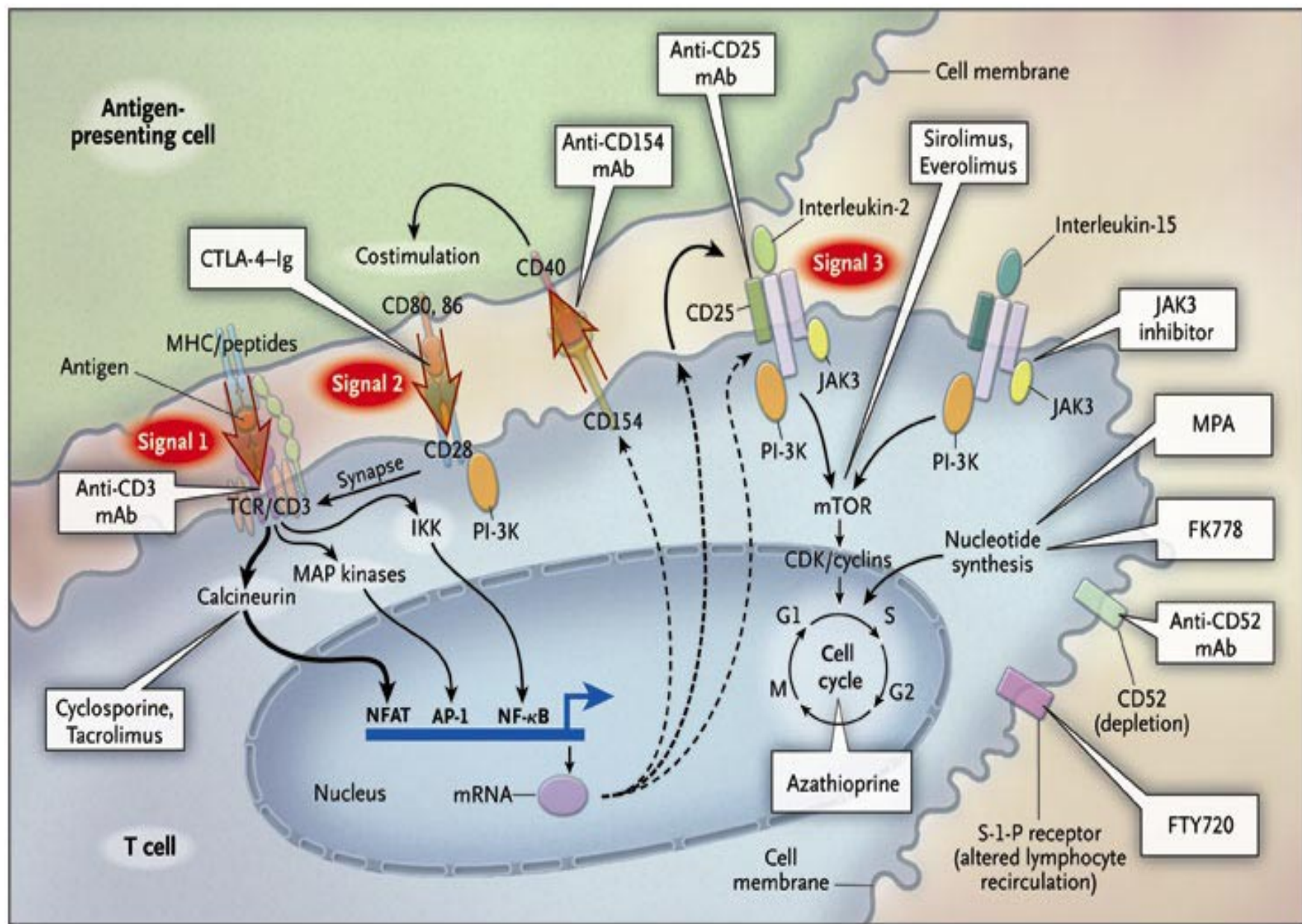
IL-17R

IL-6R

Psoriasis, RA, SLE

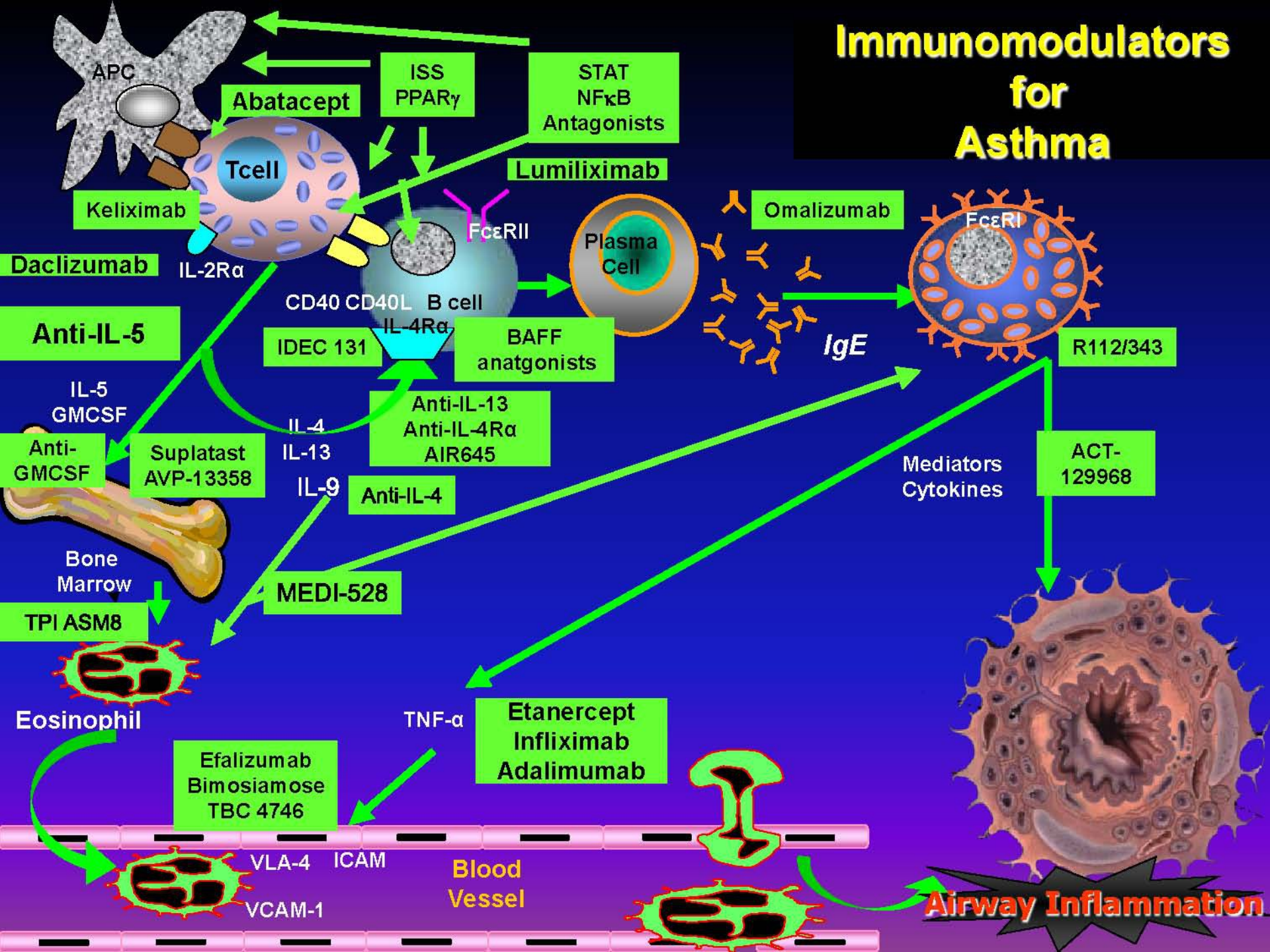






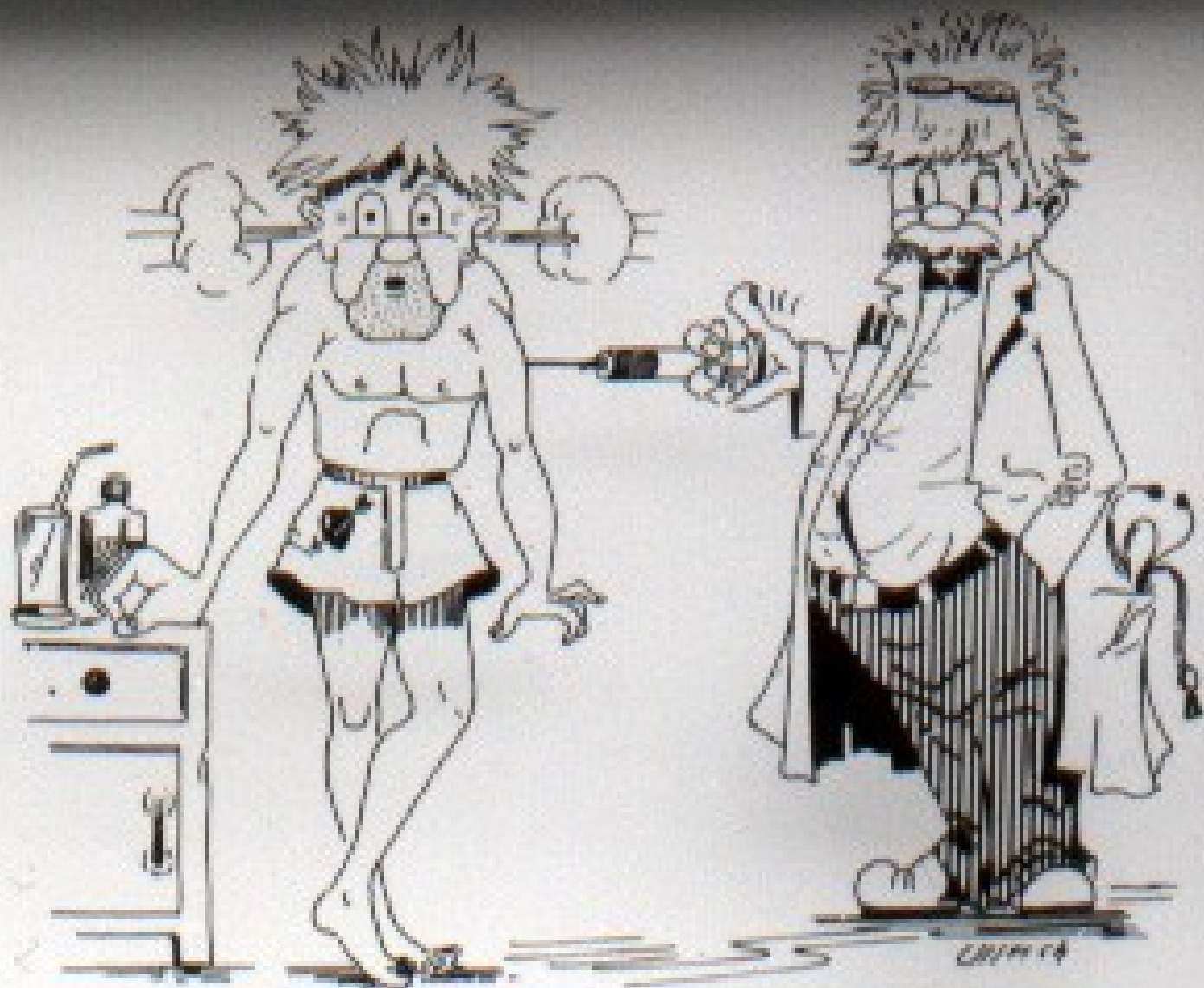


# Immunomodulators for Asthma



# Allergy - 2030

- Systems Biology Approach to Allergic Cascades
- Bio Therapeutics
- Pharmacogenetic Profiling
- Early Intervention



INTERLEUKINS! "I hope this works Doc"



# WAO *journal*

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