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Title

## **WAO Position Paper Update on Sublingual Immunotherapy**

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WAO released in 2009 the first Position Paper on SLIT, Sublingual Immunotherapy. This was a very successful initiative with a lot of citations in research papers and lectures. The Position paper was an extensive and comprehensive revision of the literature till middle 2009 and the EBM- Evidence Based Medicine procedure has been adopted to make recommendations and statements.

Since 2009 a remarkable number of new studies and papers have been published highlighting some new aspects and topics in the field. Also new insights in most of the chapters composing the 2009 P.P. have been published. Due to these reasons and accordingly to the EBM approach again, an updated version of the WAO SLIT Position paper has been produced in 2013. Herein is the structure of the document:

### **REVISED CHAPTERS**

**Introduction and Historical Background to Sublingual Immunotherapy**  
**Allergen-specific Immunotherapy**  
**Mechanisms of Sublingual Immunotherapy**  
**Clinical Efficacy of Sublingual Immunotherapy**  
**Safety of Sublingual Immunotherapy**  
**Impact of Sublingual Immunotherapy on the Natural History of Respiratory Allergy**  
**Sublingual Immunotherapy in Children**  
**Guidelines and Recommendations on Sublingual Immunotherapy**  
**Definition of Sublingual Immunotherapy Patient Selection**  
**The Future of Immunotherapy in the Community Care Setting**  
**Methodology of Clinical Trials in Sublingual Immunotherapy**

### **NEW CHAPTERS-**

**Practical Aspects**  
*Schedules and Dosages*  
*Counseling for Adherence*  
**Perspectives and Novel Approaches**  
Food Allergy  
Recombinant  
Adjuvant  
Modified allergenes  
Validity of the Single Products  
**Raising Public Awareness on SLIT**

Figure 1 is summarizing the main topics leading to the 2013 updating of the WAO SLIT Position Paper.

