Ocular Allergy Treatments

- Acute vs Chronic
  - Acute
  - Chronic
    - Primary Treatment
      - Cool Compresses
      - Lubrication
      - Contact Lenses

Ocular Allergy Treatments

Acute vs Chronic

Acute
- Secondary Treatment
  - Topical
    - Antihistamines
      - Pruritus
    - Multiple Action Agents
      - Evolving Perennial Rhinoconjunctivitis

Chronic
- Secondary Treatment
  - Topical
    - Antihistamine/Decongestants
      - Pruritus
      - Erythema
    - Mast Cell Stabilizing Agents
      - "Corneal Involvement"
      - Severe Seasonal Prophylactic

Ocular Allergy Treatments

Acute vs Chronic

Acute

Tertiary Treatment

Oral Antihistamines

Topical Steroids

Multiple Action Agents

Immunotherapy


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Ocular Allergy Treatments

Acute vs Chronic

Chronic

Tertiary Treatment

Oral Antihistamines
- FML
- Dexamethasone

Dual Action Agents

Immunomodulating Agents
- Cyclosporine
- Tacrolimus
- anti-IgE

Pharmacotherapy guidelines for persistent/perennial allergic conjunctivitis

Progressive treatment in a step-wise fashion until adequate control is achieved.

Grade 0
- Quiescent
- No treatments
- Avoidance
- Disposable Contact Lenses
- Oral Antihistamines

Grade 1
- Mild Intermittent
- Topical Vasoconstrictors/ Lubricants/ Cool Compresses

Grade 2
- Moderate Intermittent Persistent
- Daily Administration of Multiple action antihistamine/mast cell stabilizers agents
- NSAIDS
- Treatment of CoMorbidities - Allergic Rhinitis
- Immunotherapy, Intranasal Steroids

Grade 3
- Severe
- Topical cyclosporine

Grade 4
- Very Severe
- Oral steroids

Grade 5
- Evolution

Bielory L, Joint Task Force - Allergic Conjunctivitis Practice Parameter (2010 under review)